

## **COLON CANCER (60 SECONDS)**

Did you know that colorectal cancer is the second leading cause of cancer death in Alabama? The disease starts with no symptoms - but your physician can be an important line of defense - because with early screening it can be treated and even cured.

This is Acting State Health Officer, Doctor Scott Harris. Beginning at age 50, it's important for men and women to get screened for colon cancer regularly. Screening can result in the detection of precancerous polyps, which are abnormal growths in the colon or rectum, so they can be removed before turning into cancer.

Screening also helps find colon cancer at an early stage, when treatment often leads to a cure. Colon cancer can affect anyone, so talk to your doctor today about setting up an appointment, and ask about screening options, including the take home FIT test.

Let's start a new trend and decrease colon cancer death rates in our state. For more information and resources, visit our website at Alabama Public Health dot g-o-v.

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